PATENT

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IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

In Art Unit 3764 Examiner:

Applicant: Kasper Allison

Serial No: 10/617,411

Filed: July 11, 2003

For: ADJUSTABLE LOAD DYNAMIC

ACTIVE RESISTANCE TRAINING

SYSTEM

Pasadena, California November 21, 2005

PRELIMINARY AMENDMENT

Commissioner for Patents P.O. Box 1450 Alexandria, VA 22313-1450

Sir:

It is respectfully requested that the following number changes be made in the specification, to conform to the drawings as now inked and submitted:

Amendments to the Specification begins on page 2 of this paper.

Amendments to the Drawings begins on page 5 of this paper.